

Bhagavad Gita, Ch. 3
The Yoga of Action

The purpose of these talks is to give an overview of the Bhagavad Gita from an experiential level. But intellectual clarity will help you integrate what is being revealed in these classes in your life. I suggest you set aside some quiet time to contemplate on this chapter and these questions. This is the way to get the most value from this process.

1. What is the relationship between this chapter and the previous two (Yoga of Dejection, Yoga of Discrimination)?
2. What is action?
3. What is a conditioned action? What is an unconditioned action?
4. Do all actions create consequences?
5. What is the Cycle of life?
6. What is your experience when you perform action as a sacrifice (an act of giving)?
7. What role(s) does action play in the development of consciousness?
8. What role has action played in your own human and/or spiritual development?
9. What does this chapter identify as the real enemy on the spiritual path?
 - a. Does this fit your experience?
10. What did you get out of contemplating on this chapter?